

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Overall	1	Hernandez	Gabe	34	16:01.0	16:01.6	Newport Beach	CA	USA	23-Mar-13
	2	Sallberg	Jacques	42	16:10.0	16:12.0	Pasadena	CA	USA	22-Apr-17
	3	Van Biezen	Austin	28	16:24.0	16:23.9	El Segundo	CA	USA	30-Apr-22
	4	Torres	Omar	20	16:25.3	16:25.3	Downey	CA	USA	26-Apr-14
	5	Gonzalez	Phillip	41	16:32.0	16:32.0	Arcadia	CA	USA	21-Apr-18
	6	Ernst	Ken	51	16:35.0	16:35.9	Mission Viejo	CA	USA	23-Mar-13
	7	Morales	Juan	33	16:42.0	16:42.6	Huntington Beach	CA	USA	23-Mar-13
	8	Chacon	Kristoffer	25	16:52.0	16:52.1	Los Angeles	CA	USA	23-Mar-13
	9	Nakahara	Michael	23	16:52.0	16:53.0	Torrance	CA	USA	21-Apr-18
	10	Inman	Cheyne	29	16:52.5	16:52.9	Manhattan Beach	CA	USA	21-Mar-15
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 1-8	1	Dubon	Salvatore	6	21:06.0	21:12.0	Perris	CA	USA	22-Apr-17
	2	Seversen	Michael	8	21:38.3	21:39.7	El Segundo	CA	USA	21-Mar-15
	3	Collard	Will	7	22:24.0	22:41.0	El Segundo	CA	USA	22-Apr-17
	4	Kuhn	Cameron	8	23:39.4	23:43.2	Los Angeles	CA	USA	26-Apr-14
	5	Banuelos	Evan	8	24:02.0	24:01.4	Gardena	CA	USA	27-Apr-19
	6	Milne-Castro	Preston	8	24:13.0	24:16.0	El Segundo	CA	USA	21-Apr-18
	7	Verfaillie	Aiden	8	24:28.0	24:42.6	El Segundo	CA	USA	23-Mar-13
	8	Frank	Owen	8	24:48.7	25:24.9	El Segundo	CA	USA	26-Apr-14
	9	Antil	Aarush	8	25:37.0	25:37.0	El Segundo	CA	USA	22-Apr-17
	10	Moore	Hayden	8	26:16.8	26:24.3	Los Angeles	CA	USA	21-Mar-15
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 9-10	1	Parra	Jason	9	18:49.0	18:49.0	Lakewood	CA	USA	23-Apr-16
	2	McKechnie	Drake	10	20:45.8	20:46.2	Redondo Beach	CA	USA	21-Mar-15
	3	Durand	Duke	10	21:02.4	21:04.7	El Segundo	CA	USA	26-Apr-14
	4	Collard	Will	9	21:09.0	21:10.5	El Segundo	CA	USA	27-Apr-19
	5	Carmi	Shai	10	21:16.0	21:15.6	Redondo Beach	CA	USA	30-Apr-22
	6	Arnold	David	10	21:30.0	21:31.3	El Segundo	CA	USA	30-Apr-22
	7	Parker	Van	10	21:47.0	21:47.3	El Segundo	CA	USA	30-Apr-22
	8	Michael	Robert	9	21:09.0	21:10.0	Rancho Palos Verdes	CA	USA	23-Apr-16
	9	Lindo	Noah	9	21:52.0	21:53.1	Costa Mesa	CA	USA	23-Mar-13
	10	Seversen	Michael	10	21:55.0	21:55.0	El Segundo	CA	USA	23-Apr-16

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 11-12	1	Durand	Duke	12	19:00.0	19:00.0	El Segundo	CA	USA	23-Apr-16
	2	Dubón	Salvatore	11	20:12.0	20:11.6	Perris	CA	USA	30-Apr-22
	3	Mason	Benjamin	11	20:15.0	20:14.4	Los Angeles	CA	USA	30-Apr-22
	4	Patel	Kylen	11	20:36.0	20:40.4	Tustin	CA	USA	23-Mar-13
	5	Milne-Castro	Preston	12	20:37.0	20:37.2	El Segundo	CA	USA	30-Apr-22
	6	Zhu	Ruihan	11	21:05.0	21:06.0	El Segundo	CA	USA	21-Apr-18
	7	Fallon	Erik	12	21:07.0	21:06.5	El Segundo	CA	USA	27-Apr-19
	8	Ayler	Ethan	11	21:12.0	21:12.0	El Segundo	CA	USA	21-Apr-18
	9	Rochelle	Alex	12	21:20.9	21:34.7	Manhattan Beach	CA	USA	21-Mar-15
	10	Van Kleek	Gage	12	21:31.0	21:31.0	El Segundo	CA	USA	22-Apr-17
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 13-14	1	Mauge	Kevin	14	18:22.0	18:22.4	Hermosa Beach	CA	USA	23-Mar-13
	2	Wagner-Bagues	Miguel	14	18:54.1	18:54.1	El Segundo	CA	USA	26-Mar-11
	3	Rifkin	Jacob	14	19:21.0	19:24.0	Los Angeles	CA	USA	22-Apr-17
	4	Brouwer	Shane	14	19:30.4	19:31.5	Venice	CA	USA	31-Mar-12
	5	Palmer	Josh	13	19:38.5	19:40.0	El Segundo	CA	USA	31-Mar-12
	6	Durand	Duke	13	19:40.0	19:41.0	El Segundo	CA	USA	22-Apr-17
	7	Lincourt	Nathanael	14	19:42.0	19:44.6	Hawthorne	CA	USA	30-Apr-22
	8	Bijlsma	Elliott	14	19:56.2	19:57.9	El Segundo	CA	USA	21-Mar-15
	9	Woodhams	Michael	14	20:01.0	20:03.3	Inglewood	CA	USA	30-Apr-22
	10	Monin	Mark	14	21:08.0	21:10.0	El Segundo	CA	USA	22-Apr-17
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 15-17	1	Boulais	Garrett	15	17:06.0	17:06.4	Burbank	CA	USA	23-Mar-13
	2	Massie	Ryan	15	17:34.0	17:34.0	El Segundo	CA	USA	21-Apr-18
	3	Verfaillie	Arend	16	17:42.0	17:42.0	El Segundo	CA	USA	21-Apr-18
	4	Liang	Calvin	17	17:50.0	17:49.3	El Segundo	CA	USA	27-Apr-19
	5	Fenton	Noah	16	17:58.0	17:58.0	El Segundo	CA	USA	23-Apr-16
	6	Chavez	Christian	17	18:09.0	18:07.3	El Segundo	CA	USA	31-Mar-12
	7	Quezada	Nathan	16	18:15.0	18:15.0	El Segundo	CA	USA	21-Apr-18
	8	Schuette	Sam	15	18:23.0	18:24.0	Culver City	CA	USA	21-Apr-18
	9	O'Connor	Quinn	17	18:40.0	18:40.9	El Segundo	CA	USA	23-Mar-13
	10	Koran	Alex	17	18:43.7	18:44.1	El Segundo	CA	USA	26-Apr-14

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	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 18-23	1	Torres	Omar	20	16:25.3	16:25.3	Downey	CA	USA	26-Apr-14
	2	Nakahara	Michael	23	16:52.0	16:53.0	Torrance	CA	USA	21-Apr-18
	3	Van Biezen	Austin	19	17:04.0	17:04.1	El Segundo	CA	USA	23-Mar-13
	4	Dunn	Chris	22	17:32.0	17:32.6	Playa Del Rey	CA	USA	23-Mar-13
	5	Rifkin	Garrett	18	17:33.0	17:32.1	Los Angeles	CA	USA	27-Apr-19
	6	Liang	Ethan	22	17:33.0	17:33.0	El Segundo	CA	USA	21-Apr-18
	7	Cruz	Andres	18	17:39.0	17:39.6	Santa Monica	CA	USA	23-Mar-13
	8	Hoerner	Ryan	18	18:14.0	18:14.0	San Pedro	CA	USA	21-Apr-18
	9	Huerta	Matthew	22	18:18.0	18:18.2	Park City	UT	USA	27-Apr-19
	10	Cohen	Nathan	18	18:48.0	18:51.0	Lancaster	CA	USA	22-Apr-17
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 24-29	1	Van Biezen	Austin	28	16:24.0	16:23.9	El Segundo	CA	USA	30-Apr-22
	2	Chacon	Kristoffer	25	16:52.0	16:52.1	Los Angeles	CA	USA	23-Mar-13
	3	Inman	Cheyne	29	16:52.5	16:52.9	Manhattan Beach	CA	USA	21-Mar-15
	4	Son	Francisco	29	16:57.0	16:56.7	Los Angeles	CA	USA	27-Apr-19
	5	Barnett	Joey	27	17:36.0	17:38.0	Long Beach	CA	USA	22-Apr-17
	6	Kelly	Jimmy	26	17:38.0	17:38.7	Redondo Beach	CA	USA	23-Mar-13
	7	Walker	Terrance	24	17:47.0	17:48.1	Los Angeles	CA	USA	23-Mar-13
	8	Julien	Marc	25	17:51.0	17:51.8	Redondo Beach	CA	USA	27-Apr-19
	9	Comay	Timothy	27	17:58.0	17:59.2	Santa Monica	CA	USA	31-Mar-12
	10	Kent	Trevor	24	17:59.0	18:01.0	North Hollywood	CA	USA	22-Apr-17
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 30-34	1	Hernandez	Gabe	34	16:01.0	16:01.6	Newport Beach	CA	USA	23-Mar-13
	2	Rossi	Mike	30	16:18.0	16:17.6	Renton	WA	USA	30-Apr-22
	3	Morales	Juan	33	16:42.0	16:42.6	Huntington Beach	CA	USA	23-Mar-13
	4	Seidel	William	33	17:19.0	17:19.0	El Segundo	CA	USA	21-Apr-18
	5	Luff	Samuel	31	17:44.0	17:44.0	El Segundo	CA	USA	21-Apr-18
	6	Cox	Trevor	33	17:45.0	17:45.4	Long Beach	CA	USA	23-Mar-13
	7	Cortez	Michael	33	18:14.0	18:14.1	Redondo Beach	CA	USA	23-Mar-13
	8	Long	Sean	31	18:35.2	18:35.2	South Pasadena	CA	USA	26-Apr-14
	9	Boccuzzi	Ryan	34	18:52.0	18:54.0	Los Angeles	CA	USA	22-Apr-17
	10	Goffi	Nick	32	18:55.0	18:54.5	El Segundo	CA	USA	27-Apr-19

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 35-39	1	Sanchez	Humberto	38	17:10.0	17:10.9	Redondo Beach	CA	USA	23-Mar-13
	2	Munger	Aaron	37	17:39.0	17:39.9	Rolling Hills Estates	CA	USA	23-Mar-13
	3	Vega	Rony	35	17:57.0	17:57.0	Torrance	CA	USA	21-Apr-18
	4	Sullivan	Haas	36	17:58.0	17:58.4	El Segundo	CA	USA	27-Apr-19
	5	Nicolai	Adam	39	18:29.0	18:29.0	El Segundo	CA	USA	21-Apr-18
	6	Mc Dermott	Kyle	35	18:43.0	18:43.0	Hermosa Beach	CA	USA	21-Apr-18
	7	Gilmer	Matt	38	18:50.0	18:49.1	El Segundo	CA	USA	27-Apr-19
	8	Walsh	CJ	36	19:02.0	19:04.2	El Segundo	CA	USA	31-Mar-12
	9	Hollar	Michael	38	19:20.0	19:23.4	Los Angeles	CA	USA	23-Mar-13
	10	Da Silva	Goran	36	19:33.3	19:36.1	El Segundo	CA	USA	21-Mar-15
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 40-44	1	Sallberg	Jacques	42	16:10.0	16:12.0	Pasadena	CA	USA	22-Apr-17
	2	Gonzalez	Phillip	41	16:32.0	16:32.0	Arcadia	CA	USA	21-Apr-18
	3	Salazar	Gilbert	40	17:39.0	17:40.6	La Habra	CA	USA	23-Mar-13
	4	Sacco	Tyson	43	18:38.0	18:40.0	Venice	CA	USA	22-Apr-17
	5	Purcell	Kevin	41	18:51.0	18:53.0	Los Angeles	CA	USA	22-Apr-17
	6	Frank	Aaron	40	19:03.2	19:04.3	El Segundo	CA	USA	21-Mar-15
	7	Da Silva	Goran	40	19:25.0	19:25.7	El Segundo	CA	USA	27-Apr-19
	8	Davis	Robert	41	19:33.7	19:33.7	Torrance	CA	USA	26-Mar-11
	9	Cortez	Michael	42	19:39.0	19:38.7	Redondo Beach	CA	USA	30-Apr-22
	10	Porter	Drew	40	19:50.0	19:53.6	Manhattan Beach	CA	USA	23-Mar-13
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 45-49	1	Keyes	Gregory	45	17:19.0	17:19.9	Newport Beach	CA	USA	23-Mar-13
	2	Fitzpatrick	Mark	47	17:56.0	17:57.0	Glendale	CA	USA	21-Apr-18
	3	Purcell	Kevin	46	18:19.0	18:20.0	Culver City	CA	USA	30-Apr-22
	4	Holland	Ezra	46	18:28.0	18:27.7	Manhattan Beach	CA	USA	27-Apr-19
	5	Graciano	Juan	49	19:14.0	19:14.7	La Habra	CA	USA	23-Mar-13
	6	Deegan	Gerard	48	19:15.0	19:16.0	Burbank	CA	USA	22-Apr-17
	7	Williams	Jennifer	45	19:28.0	19:28.3	Hawthorne	CA	USA	27-Apr-19
	8	Bautista	Rogelio	48	19:37.6	19:37.6	Los Angeles	CA	USA	21-Mar-15
	9	Woodhams	Doug	48	19:50.0	19:49.8	Inglewood	CA	USA	30-Apr-22
	10	Cadman	Neil	46	19:56.0	19:56.0	El Segundo	CA	USA	26-Mar-11

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 50-54	1	Ernst	Ken	51	16:35.0	16:35.9	Mission Viejo	CA	USA	23-Mar-13
	2	Arsenault	Rob	52	17:29.0	17:29.0	Riverside	CA	USA	21-Apr-18
	3	Shalvarjian	Mark	50	18:13.0	18:13.6	Manhattan Beach	CA	USA	23-Mar-13
	4	Gallego	Oliver	51	18:33.0	18:33.6	Arcadia	CA	USA	23-Mar-13
	5	Courtney	John	50	18:48.0	18:48.6	Hermosa Beach	CA	USA	23-Mar-13
	6	Valenzuela	Sergio	54	18:57.0	18:56.1	Diamond Bar	CA	USA	27-Apr-19
	7	Farrington	Kevin	51	19:10.0	19:10.2	Playa Del Rey	CA	USA	23-Mar-13
	8	Gust	Rich	53	19:22.0	19:22.9	Hermosa Beach	CA	USA	23-Mar-13
	9	Graciano	Juan	50	19:23.9	19:26.7	La Habra	CA	USA	26-Apr-14
	10	Walz	John	53	20:17.0	20:17.9	El Segundo	CA	USA	23-Mar-13
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 55-59	1	Holcomb	John	58	19:05.0	19:05.1	Pacific Palisades	CA	USA	23-Mar-13
	2	Kaminski	Chuck	57	19:49.0	19:49.4	Manhattan Beach	CA	USA	23-Mar-13
	3	Krauth	Bob	55	19:59.0	19:58.8	Manhattan Beach	CA	USA	27-Apr-19
	4	Albright	Tom	57	20:07.0	20:07.9	Newport Beach	CA	USA	23-Mar-13
	5	Shalvarjian	Mark	59	20:47.0	20:48.1	Manhattan Beach	CA	USA	30-Apr-22
	6	Vega	Martin	57	20:52.0	20:51.7	Montebello	CA	USA	27-Apr-19
	7	Manuel	David	55	21:19.0	21:19.1	La Habra	CA	USA	23-Mar-13
	8	Franks	Robert	56	21:39.0	21:40.0	Oxnard	CA	USA	22-Apr-17
	9	Press	Jeff	57	21:42.0	21:43.1	Hermosa Beach	CA	USA	23-Mar-13
	10	Antonio	Faustino	59	22:04.0	22:04.7	Hawthorne	CA	USA	30-Apr-22
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 60-64	1	Gust	Rich	62	19:40.0	19:40.3	Hermosa Beach	CA	USA	30-Apr-22
	2	Araujo	John	60	19:58.0	19:59.0	Placentia	CA	USA	21-Apr-18
	3	Morris	Bob	60	20:31.0	20:31.6	Laguna Niguel	CA	USA	23-Mar-13
	4	Press	Jeff	60	20:54.0	20:56.0	Hermosa Beach	CA	USA	23-Apr-16
	5	Goodman	Dean	61	21:40.0	21:40.9	Venice	CA	USA	23-Mar-13
	6	Abdelshife	Musa	62	22:09.3	22:16.8	El Segundo	CA	USA	26-Mar-11
	7	Stoeckli	Michael	60	23:01.0	23:01.1	Los Angeles	CA	USA	30-Apr-22
	8	Joly	Rick	63	23:16.8	23:16.8	Sun Valley	CA	USA	31-Mar-12
	9	Shea	Kevin	63	23:44.0	23:48.5	Hermosa Beach	CA	USA	30-Apr-22
	10	Vartanian	Ed	62	23:51.0	23:53.0	Redondo Beach	CA	USA	22-Apr-17

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 65-69	1	Sumner	William	65	21:11.0	21:11.4	Newport Beach	CA	USA	23-Mar-13
	2	Baca	Lee	69	21:34.7	21:34.7	San Marino	CA	USA	31-Mar-12
	3	Avol	Ed	66	22:07.0	22:07.0	Manhattan Beach	CA	USA	21-Apr-18
	4	Forrester	Perry	69	22:55.0	22:56.0	Topanga	CA	USA	30-Apr-22
	5	Morris	Bob	69	23:01.0	23:06.5	Laguna Niguel	CA	USA	30-Apr-22
	6	Voll	Edward	65	23:04.0	23:08.4	North Hollywood	CA	USA	23-Mar-13
	7	Moriyasu	Hiroshi	68	24:27.5	24:27.5	Los Angeles	CA	USA	21-Mar-15
	8	Abdelshife	Musa	65	24:33.0	24:34.8	El Segundo	CA	USA	26-Apr-14
	9	Morris	Bob	66	24:38.0	24:41.0	Laguna Niguel	CA	USA	27-Apr-19
	10	Joly	Rick	66	24:51.7	24:55.5	Sun Valley	CA	USA	21-Mar-15
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 70-74	1	Baca	Lee	70	23:10.0	23:10.4	San Marino	CA	USA	23-Mar-13
	2	Gonzalez	Catarino	72	23:24.7	23:24.7	Lennox	CA	USA	26-Apr-14
	3	Avol	Ed	70	24:48.0	24:47.2	Manhattan Beach	CA	USA	30-Apr-22
	4	Melendy	Byron	71	26:23.0	26:29.9	La Crescenta	CA	USA	23-Mar-13
	5	Cole	Dick	73	27:17.0	27:26.0	Manhattan Beach	CA	USA	23-Apr-16
	6	Goodman	Dean	70	27:48.0	27:51.6	Venice	CA	USA	30-Apr-22
	7	Moriyasu	Hiroshi	70	28:41.0	29:00.0	Los Angeles	CA	USA	22-Apr-17
	8	Holderman	Dennis	71	29:07.0	29:12.0	San Pedro	CA	USA	22-Apr-17
	9	Moore	Michael	72	29:40.6	29:53.7	Manhattan Beach	CA	USA	26-Apr-14
	10	Peters	Allen	70	29:42.2	29:42.2	El Segundo	CA	USA	31-Mar-12
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 75-79	1	Friedman	Marty	75	26:18.0	26:22.0	Manhattan Beach	CA	USA	30-Apr-22
	2	Greene	Frank	77	27:51.0	27:52.9	Torrance	CA	USA	23-Mar-13
	3	Cole	Dick	75	28:17.0	28:21.0	Manhattan Beach	CA	USA	21-Apr-18
	4	Harper	David	78	32:07.0	32:17.7	Palos Verdes Peninsula	CA	USA	26-Mar-11
	5	Knueppel	Helmut	76	32:32.0	32:34.8	El Segundo	CA	USA	27-Apr-19
	6	Garcia	Marco	78	38:11.0	38:24.0	Maywood	CA	USA	23-Apr-16
	7	Telfair	John	76	39:12.0	39:30.4	El Segundo	CA	USA	30-Apr-22
	8	Frederick	John	77	42:18.4	43:29.7	El Segundo	CA	USA	26-Apr-14
	9	Davis	George	78	42:35.4	43:11.2	El Segundo	CA	USA	26-Apr-14
	10	Lee	Richard	78	43:08.0	43:07.2	South Pasadena	CA	USA	27-Apr-19

## Male 5K Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Men Age 80+	1	Ray	Al	80	35:30.0	35:56.4	Diamond Bar	CA	USA	23-Mar-13
	2	Garcia	Marco	81	40:53.0	40:52.2	Maywood	CA	USA	27-Apr-19
	3	Windshar	Dick	85	42:50.0	43:17.0	Manhattan Beach	CA	USA	23-Apr-16
	4	Butler	Ben	80	43:17.0	45:24.0	Gardena	CA	USA	23-Apr-16
	5	Jacobs	Paul	80	45:04.0	45:24.3	Culver City	CA	USA	30-Apr-22
	6	Williams	Dennis	81	49:20.8	49:26.5	El Segundo	CA	USA	26-Mar-11
	7	Dorr	Paul	81	49:23.0	49:22.2	Manhattan Beach	CA	USA	27-Apr-19
	8	Pelzman	George	83	57:16.0	57:15.8	El Segundo	CA	USA	27-Apr-19
	9	Murphy	Michael	80	59:10.0	00:11.3	Inglewood	CA	USA	30-Apr-22
	10	Watkins	Bill	82	1:10:12.0	1:10:42.7	El Segundo	CA	USA	30-Apr-22