

## Female 10K 2014 to Present Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Overall	1	Osman	Laura	42	39:37.0	39:37.3	Encino	CA	USA	22-Apr-23
	2	Lowry	Cristina	37	39:46.0	39:47.1	Thousand Oaks	CA	USA	22-Apr-23
	3	Santiago	Alejandra	26	39:49.0	39:48.4	Inglewood	CA	USA	27-Apr-19
	4	Ragona	Rachel	33	40:36.0	40:39.0	Westchester	CA	USA	23-Apr-16
	5	Slama	Samantha	32	42:09.0	42:17.1	Los Angeles	CA	USA	22-Apr-23
	6	Canali	Gia	42	43:36.0	43:36.5	North Hollywood	CA	USA	22-Apr-23
	7	Voboril	Valerie	40	44:54.0	44:57.6	El Segundo	CA	USA	27-Apr-19
	8	Fierman	Molly	39	44:55.0	44:58.7	El Segundo	CA	USA	22-Apr-23
	9	Kroskirty	Ellie	22	45:12.0	45:13.7	Venice	CA	USA	22-Apr-23
	10	Murray	Kyle	28	45:16.5	45:20.7	El Segundo	CA	USA	21-Mar-15
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 1-12	1	Bloch	Hayley	9	47:22.6	47:22.6	Redondo Beach	CA	USA	26-Apr-14
	2	Casale	Jay	7	47:56.0	47:58.8	El Segundo	CA	USA	27-Apr-19
	3	Beetner	Molly	12	53:46.0	53:52.6	El Segundo	CA	USA	27-Apr-19
	4	Hattne	Emma	12	57:19.0	57:21.6	Inglewood	CA	USA	27-Apr-19
	5	Burton	Makena	12	57:55.0	58:03.6	El Segundo	CA	USA	22-Apr-23
	6	Kinkaid	Lana	12	59:16.0	59:18.2	El Segundo	CA	USA	27-Apr-19
	7	Gans	Ella	10	1:00:12.5	1:00:42.7	El Segundo	CA	USA	21-Mar-15
	8	Rodriguez	Stephanie	9	1:00:34.2	1:00:36.6	El Segundo	CA	USA	21-Mar-15
	9	Williams	Emily	12	1:02:27.0	1:02:29.1	Hawthorne	CA	USA	27-Apr-19
	10	Longbottom	Jenna	12	1:02:27.0	1:02:29.7	San Pedro	CA	USA	27-Apr-19
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 13-17	1	Durand	Katy	16	46:14.0	46:13.7	El Segundo	CA	USA	30-Apr-22
	2	Rayburn	Vivien	16	51:17.0	51:21.7	El Segundo	CA	USA	30-Apr-22
	3	Willick	Sophia	15	53:40.0	53:50.1	El Segundo	CA	USA	30-Apr-22
	4	Hall	Sammie	13	53:45.0	53:51.5	Redondo Beach	CA	USA	27-Apr-19
	5	Carignan	Kelly	15	53:53.0	53:52.8	Los Angeles	CA	USA	27-Apr-19
	6	Francis	Sariah	16	54:18.0	54:24.1	Los Angeles	CA	USA	30-Apr-22
	7	Trujillo	Danielle	17	54:26.0	54:28.5	Los Angeles	CA	USA	30-Apr-22
	8	Fujimoto	Makaela	13	54:48.0	54:49.5	Los Angeles	CA	USA	27-Apr-19
	9	Kreiswirth	Liv	14	55:48.0	55:56.5	Hawthorne	CA	USA	27-Apr-19
	10	Rayburn	Vivien	17	55:52.0	56:11.0	El Segundo	CA	USA	22-Apr-23

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	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 18-23	1	Kroskirty	Ellie	22	45:12.0	45:13.7	Venice	CA	USA	22-Apr-23
	2	Burner	Erin	22	52:37.0	53:42.0	El Segundo	CA	USA	23-Apr-16
	3	Armato	Gabriella	23	53:43.0	53:43.0	Manhattan Beach	CA	USA	22-Apr-17
	4	Voge	Christy	19	56:27.0	56:44.8	Los Angeles	CA	USA	22-Apr-23
	5	Cortinez	Angella	22	58:00.8	58:00.8	El Segundo	CA	USA	21-Mar-15
	6	Madrigal	Brenda	23	1:00:36.0	1:00:45.0	Perris	CA	USA	21-Apr-18
	7	Ngai	Amy	22	1:01:51.0	1:02:02.0	Culver City	CA	USA	22-Apr-17
	8	Brandlin	Christina	22	1:02:39.3	1:02:39.3	El Segundo	CA	USA	21-Mar-15
	9	Schoenbaum	Angela	18	1:04:28.0	1:04:50.2	El Segundo	CA	USA	22-Apr-23
	10	Stevens	Grace	22	1:04:50.0	1:04:56.8	Ventura	CA	USA	30-Apr-22
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 24-29	1	Santiago	Alejandra	26	39:49.0	39:48.4	Inglewood	CA	USA	27-Apr-19
	2	Slama	Samantha	28	44:42.0	44:50.4	Los Angeles	CA	USA	27-Apr-19
	3	Murray	Kyle	28	45:16.5	45:20.7	El Segundo	CA	USA	21-Mar-15
	4	Humphrey	Lauren	27	45:37.0	45:42.0	El Segundo	CA	USA	23-Apr-16
	5	Downey	Megan	29	49:51.0	50:38.5	Hermosa Beach	CA	USA	26-Apr-14
	6	Sedgwick	Hannah	29	49:55.0	50:03.3	Culver City	CA	USA	22-Apr-23
	7	Ueshiro	Kayla	26	49:56.0	50:09.2	Los Angeles	CA	USA	22-Apr-23
	8	Fuelling	Meghan	28	50:04.0	50:13.7	Los Angeles	CA	USA	22-Apr-23
	9	Argosino	Madeleine Jeanne	24	50:53.0	50:59.2	El Segundo	CA	USA	22-Apr-23
	10	Luft	Melissa	24	50:55.0	50:57.2	Hermosa Beach	CA	USA	22-Apr-23
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 30-34	1	Ragona	Rachel	33	40:36.0	40:39.0	Westchester	CA	USA	23-Apr-16
	2	Slama	Samantha	32	42:09.0	42:17.1	Los Angeles	CA	USA	22-Apr-23
	3	Wilson	Sarah	34	48:02.2	48:02.2	Rosamond	CA	USA	26-Apr-14
	4	Aslam	Jennifer	33	49:26.0	49:31.5	El Segundo	CA	USA	22-Apr-23
	5	Fuelling	Kaitlin	31	50:05.0	50:13.4	Los Angeles	CA	USA	22-Apr-23
	6	Welsh	Natalie	33	50:25.0	50:27.0	El Segundo	CA	USA	21-Apr-18
	7	Fry	Carrie	33	52:21.0	52:38.0	El Segundo	CA	USA	22-Apr-17
	8	Anzaldo	Elaine	30	52:55.0	53:06.0	Azusa	CA	USA	23-Apr-16
	9	Donohew	Kate	33	54:13.0	54:18.0	Redondo Beach	CA	USA	23-Apr-16
	10	Tung	Joanna	32	54:13.0	54:20.0	Redondo Beach	CA	USA	23-Apr-16

## Female 10K 2014 to Present Course Records

Top 10 Women Age 35-39

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Lowry	Cristina	37	39:46.0	39:47.1	Thousand Oaks	CA	USA	22-Apr-23
2	Fierman	Molly	39	44:55.0	44:58.7	El Segundo	CA	USA	22-Apr-23
3	Voboril	Valerie	39	46:19.0	46:21.0	El Segundo	CA	USA	21-Apr-18
4	Tyler	Jennifer	37	47:16.0	47:19.0	El Segundo	CA	USA	23-Apr-16
5	Townsend	Sarah	39	47:22.0	47:35.1	El Segundo	CA	USA	27-Apr-19
6	Folk	Jill	39	47:25.0	47:42.0	El Segundo	CA	USA	22-Apr-17
7	Davies	Laura	39	49:39.7	50:00.7	Westchester	CA	USA	26-Apr-14
8	Olin	Kristin	35	51:32.0	51:31.5	Pasadena	CA	USA	27-Apr-19
9	Tojin	Nereyda	39	52:40.3	52:59.2	Long Beach	CA	USA	26-Apr-14
10	Olvera	Sylvia	39	53:16.0	53:18.0	El Segundo	CA	USA	30-Apr-22

Top 10 Women Age 40-44

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Osman	Laura	42	39:37.0	39:37.3	Encino	CA	USA	22-Apr-23
2	Canali	Gia	42	43:36.0	43:36.5	North Hollywood	CA	USA	22-Apr-23
3	Voboril	Valerie	40	44:54.0	44:57.6	El Segundo	CA	USA	27-Apr-19
4	Barlup	Sarah	44	48:27.0	48:30.9	El Segundo	CA	USA	22-Apr-23
5	Samia	Victoria	42	48:39.5	48:39.5	El Segundo	CA	USA	26-Apr-14
6	Folk	Jill	40	50:24.0	50:30.0	El Segundo	CA	USA	21-Apr-18
7	Allen	Karisa	43	51:30.0	51:43.8	El Segundo	CA	USA	27-Apr-19
8	Preuss	Loreen	41	52:20.5	52:21.8	Long Beach	CA	USA	21-Mar-15
9	Hill	Heather	44	53:24.1	53:28.1	Redondo Beach	CA	USA	21-Mar-15
10	Hunt	Shannon	43	53:59.1	54:05.3	Harbor City	CA	USA	26-Apr-14

Top 10 Women Age 45-49

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Spiriti	Alison	47	47:32.0	47:53.3	Culver City	CA	USA	27-Apr-19
2	Samia	Victoria	47	50:04.0	50:05.0	El Segundo	CA	USA	27-Apr-19
3	Hext	Annmarie	45	52:28.2	52:28.2	Manhattan Beach	CA	USA	21-Mar-15
4	Giroux	Patricia	49	54:06.0	54:49.7	El Segundo	CA	USA	22-Apr-23
5	Harris	Theresa	46	55:03.5	55:03.5	Los Angeles	CA	USA	21-Mar-15
6	Watson	Kelly	47	55:06.0	56:06.0	El Segundo	CA	USA	22-Apr-17
7	Fuchs	Ase	47	57:08.0	57:10.0	Hawthorne	CA	USA	21-Apr-18
8	Wang	Laura	46	57:25.3	57:36.6	San Marino	CA	USA	26-Apr-14
9	Shepherd	Melissa	45	57:50.8	58:38.2	Los Angeles	CA	USA	21-Mar-15
10	Sanders	Yumiko	45	58:36.0	58:47.9	El Segundo	CA	USA	27-Apr-19

## Female 10K 2014 to Present Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 50-54	1	Samia	Victoria	50	46:41.0	46:41.3	El Segundo	CA	USA	30-Apr-22
	2	Higa	Tami	51	49:29.0	49:33.1	El Segundo	CA	USA	22-Apr-23
	3	Hicks	Kelly	50	51:54.3	52:00.3	El Segundo	CA	USA	26-Apr-14
	4	Doucette	Teri	54	52:42.0	53:31.0	El Segundo	CA	USA	23-Apr-16
	5	Cherico	Susan	52	54:22.0	54:27.0	Hawthorne	CA	USA	23-Apr-16
	6	Stefanoff	Linda	52	54:40.0	54:43.0	Moreno Valley	CA	USA	22-Apr-17
	7	Hershkowitz	Irene	50	55:12.1	55:18.8	Rancho Palos Verdes	CA	USA	26-Apr-14
	8	Adkins	Tami	51	56:47.0	57:18.9	El Segundo	CA	USA	22-Apr-23
	9	McMahon	Julie	51	58:50.0	58:53.0	Manhattan Beach	CA	USA	22-Apr-17
	10	Fuchs	Ase	51	59:32.0	59:36.2	Hawthorne	CA	USA	30-Apr-22
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 55-59	1	Herbeck	Diane	58	50:10.0	50:24.1	Los Angeles	CA	USA	22-Apr-23
	2	Kurrle	Kathleen	56	50:33.0	50:34.0	Lake Forest	CA	USA	27-Apr-19
	3	Winner	Denise	56	51:50.0	51:50.0	Manhattan Beach	CA	USA	21-Apr-18
	4	Doucette	Teri	57	52:46.0	53:06.0	El Segundo	CA	USA	27-Apr-19
	5	Reiner	Ellen	57	54:23.0	54:30.0	Valley Village	CA	USA	22-Apr-17
	6	Martinez	Lupe	59	58:41.0	59:01.0	Culver City	CA	USA	23-Apr-16
	7	Drahnak	Marian	57	59:21.5	59:27.3	Hermosa Beach	CA	USA	26-Apr-14
	8	Fukuhara	Masami	59	59:26.0	59:33.0	Studio City	CA	USA	22-Apr-23
	9	Collings	Betty	59	1:05:01.0	1:05:07.0	El Segundo	CA	USA	21-Apr-18
	10	Drennan	Philippa	59	1:06:11.0	1:06:17.0	Los Angeles	CA	USA	21-Apr-18
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 60-64	1	Kurrle	Kathleen	60	50:06.0	50:10.5	Lake Forest	CA	USA	22-Apr-23
	2	Doucette	Teri	61	59:46.0	59:50.6	El Segundo	CA	USA	22-Apr-23
	3	Chan	Janet	64	1:05:17.0	1:05:26.0	Gardena	CA	USA	23-Apr-16
	4	Lukic	Deb	60	1:09:14.0	1:09:13.7	Los Angeles	CA	USA	30-Apr-22
	5	Frank	Barbara	63	1:09:20.0	1:09:24.9	Hermosa Beach	CA	USA	22-Apr-23
	6	Ytzen	Kyra	63	1:12:32.0	1:12:39.2	Laguna Hills	CA	USA	22-Apr-23
	8	Denney	Brenda	60	1:16:05.0	1:16:29.9	Hawthorne	CA	USA	30-Apr-22
	8	Hanrahan	Amy	63	1:16:23.0	1:16:44.0	Manhattan Beach	CA	USA	23-Apr-16
	7	Simpson	Tani	60	1:18:18.0	1:18:33.0	El Segundo	CA	USA	23-Apr-16
	8	Oswald	Lorrie	60	1:19:28.0	1:19:27.1	Los Angeles	CA	USA	27-Apr-19

## Female 10K 2014 to Present Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 65-69	1	Chan	Janet	67	1:04:52.0	1:04:51.8	Gardena	CA	USA	27-Apr-19
	2	Larese	Janet	66	1:09:41.0	1:09:50.6	Westfield	MA	USA	21-Mar-15
	3	Lam	Joella	68	1:32:08.0	1:32:29.5	Gardena	CA	USA	27-Apr-19
	4	Acuna	Monyean	65	1:03:36.9	1:03:43.4	Hermosa Beach	CA	USA	26-Apr-14
	Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date	
Top 10 Women Age 70-74	1	Chan	Janet	70	1:08:42.0	1:08:46.1	Gardena	CA	USA	30-Apr-22
	2	Galbraith	Amy	73	1:11:49.0	1:12:02.0	Venice	CA	USA	23-Apr-16
	3	Acosta	Rose Marie	71	1:14:02.0	1:14:09.0	Santa Monica	CA	USA	22-Apr-17
	4	Sparks	Glenna	71	1:22:30.5	1:23:51.8	Redondo Beach	CA	USA	26-Apr-14
	5	Ingersoll	Sarah	72	1:24:47.8	1:25:56.0	Pasadena	CA	USA	26-Apr-14
	Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date	
Top 10 Women Age 75-79	1	Galbraith	Amy	75	1:15:32.0	1:16:12.0	Venice	CA	USA	21-Apr-18
	Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date	
Top 10 Women Age 80+		None								