

## Female 10K 2014 to Present Course Records

		Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
Top 10 Women Overall	1	Santiago	Alejandra	26	39:49.0	39:48.4	Inglewood	CA	USA	27-Apr-19
	2	Ragona	Rachel	33	40:36.0	40:39.0	Westchester	CA	USA	23-Apr-16
	3	Slama	Samantha	28	44:42.0	44:50.4	Los Angeles	CA	USA	27-Apr-19
	4	Voboril	Valerie	40	44:54.0	44:57.6	El Segundo	CA	USA	27-Apr-19
	5	Murray	Kyle	28	45:16.5	45:20.7	El Segundo	CA	USA	21-Mar-15
	6	Humphrey	Lauren	27	45:37.0	45:42.0	El Segundo	CA	USA	23-Apr-16
	7	Durand	Katy	16	46:14.0	46:13.7	El Segundo	CA	USA	30-Apr-22
	8	Tyler	Jennifer	37	47:16.0	47:19.0	El Segundo	CA	USA	23-Apr-16
	9	Townsend	Sarah	39	47:22.0	47:35.1	El Segundo	CA	USA	27-Apr-19
	10	Bloch	Hayley	9	47:22.6	47:22.6	Redondo Beach	CA	USA	26-Apr-14
		Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
Top 10 Women Age 1-12	1	Bloch	Hayley	9	47:22.6	47:22.6	Redondo Beach	CA	USA	26-Apr-14
	2	Casale	Jay	7	47:56.0	47:58.8	El Segundo	CA	USA	27-Apr-19
	3	Beetner	Molly	12	53:46.0	53:52.6	El Segundo	CA	USA	27-Apr-19
	4	Hattne	Emma	12	57:19.0	57:21.6	Inglewood	CA	USA	27-Apr-19
	5	Kinkaid	Lana	12	59:16.0	59:18.2	El Segundo	CA	USA	27-Apr-19
	6	Gans	Ella	10	1:00:12.5	1:00:42.7	El Segundo	CA	USA	21-Mar-15
	7	Rodriguez	Stephanie	9	1:00:34.2	1:00:36.6	El Segundo	CA	USA	21-Mar-15
	8	Williams	Emily	12	1:02:27.0	1:02:29.1	Hawthorne	CA	USA	27-Apr-19
	9	Longbottom	Jenna	12	1:02:27.0	1:02:29.7	San Pedro	CA	USA	27-Apr-19
	10	Rodriguez	Alexis	12	1:02:28.0	1:02:30.3	Hawthorne	CA	USA	27-Apr-19
		Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
Top 10 Women Age 13-17	1	Durand	Katy	16	46:14.0	46:13.7	El Segundo	CA	USA	30-Apr-22
	2	Rayburn	Vivien	16	51:17.0	51:21.7	El Segundo	CA	USA	30-Apr-22
	3	Willick	Sophia	15	53:40.0	53:50.1	El Segundo	CA	USA	30-Apr-22
	4	Hall	Sammie	13	53:45.0	53:51.5	Redondo Beach	CA	USA	27-Apr-19
	5	Carignan	Kelly	15	53:53.0	53:52.8	Los Angeles	CA	USA	27-Apr-19
	6	Francis	Sariah	16	54:18.0	54:24.1	Los Angeles	CA	USA	30-Apr-22
	7	Trujillo	Danielle	17	54:26.0	54:28.5	Los Angeles	CA	USA	30-Apr-22
	8	Fujimoto	Makaela	13	54:48.0	54:49.5	Los Angeles	CA	USA	27-Apr-19
	9	Kreiswirth	Liv	14	55:48.0	55:56.5	Hawthorne	CA	USA	27-Apr-19
	10	Thomas	Lai'la	13	56:02.0	56:01.8	Inglewood	CA	USA	27-Apr-19

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	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 18-23	1	Burner	Erin	22	52:37.0	53:42.0	El Segundo	CA	USA	23-Apr-16
	2	Armato	Gabriella	23	53:43.0	53:43.0	Manhattan Beach	CA	USA	22-Apr-17
	3	Voge	Christy	18	57:25.0	57:32.7	Los Angeles	CA	USA	30-Apr-22
	4	Cortinez	Angella	22	58:00.8	58:00.8	El Segundo	CA	USA	21-Mar-15
	5	Madrigal	Brenda	23	1:00:36.0	1:00:45.0	Perris	CA	USA	21-Apr-18
	6	Ngai	Amy	22	1:01:51.0	1:02:02.0	Culver City	CA	USA	22-Apr-17
	7	Brandlin	Christina	22	1:02:39.3	1:02:39.3	El Segundo	CA	USA	21-Mar-15
	8	Stevens	Grace	22	1:04:50.0	1:04:56.8	Ventura	CA	USA	30-Apr-22
	9	Rodriguez	Maria Fernanda	23	1:09:20.9	1:09:23.4	El Segundo	CA	USA	21-Mar-15
	10	Steinke	Jana	22	1:12:25.0	1:12:39.7	El Segundo	CA	USA	27-Apr-19
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 24-29	1	Santiago	Alejandra	26	39:49.0	39:48.4	Inglewood	CA	USA	27-Apr-19
	2	Slama	Samantha	28	44:42.0	44:50.4	Los Angeles	CA	USA	27-Apr-19
	3	Murray	Kyle	28	45:16.5	45:20.7	El Segundo	CA	USA	21-Mar-15
	4	Humphrey	Lauren	27	45:37.0	45:42.0	El Segundo	CA	USA	23-Apr-16
	5	Downey	Megan	29	49:51.0	50:38.5	Hermosa Beach	CA	USA	26-Apr-14
	6	McCann	Megan	24	51:06.2	51:36.5	El Segundo	CA	USA	21-Mar-15
	7	Sias	Ana	29	51:16.0	51:30.8	Los Angeles	CA	USA	30-Apr-22
	8	Laughlin	Molly	27	51:42.0	51:48.0	Playa Vista	CA	USA	21-Apr-18
	9	Rosenberg	Maclean	29	52:19.3	52:39.2	Manhattan Beach	CA	USA	26-Apr-14
	10	Crosby	Alexandra	26	52:30.0	52:29.7	Hermosa Beach	CA	USA	27-Apr-19
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 30-34	1	Ragona	Rachel	33	40:36.0	40:39.0	Westchester	CA	USA	23-Apr-16
	2	Slama	Samantha	31	43:21.0	43:20.4	Los Angeles	CA	USA	30-Apr-22
	3	Wilson	Sarah	34	48:02.2	48:02.2	Rosamond	CA	USA	26-Apr-14
	4	Welsh	Natalie	33	50:25.0	50:27.0	El Segundo	CA	USA	21-Apr-18
	5	Fry	Carrie	33	52:21.0	52:38.0	El Segundo	CA	USA	22-Apr-17
	6	Aslam	Jennifer	32	52:38.0	52:44.0	El Segundo	CA	USA	30-Apr-22
	7	Anzaldo	Elaine	30	52:55.0	53:06.0	Azusa	CA	USA	23-Apr-16
	8	Donohew	Kate	33	54:13.0	54:18.0	Redondo Beach	CA	USA	23-Apr-16
	9	Tung	Joanna	32	54:13.0	54:20.0	Redondo Beach	CA	USA	23-Apr-16
	10	Nuno	Bridget	32	54:59.0	55:13.0	El Segundo	CA	USA	22-Apr-17

## Female 10K 2014 to Present Course Records

Top 10 Women Age 35-39

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Voboril	Valerie	39	46:19.0	46:21.0	El Segundo	CA	USA	21-Apr-18
2	Tyler	Jennifer	37	47:16.0	47:19.0	El Segundo	CA	USA	23-Apr-16
3	Townsend	Sarah	39	47:22.0	47:35.1	El Segundo	CA	USA	27-Apr-19
4	Folk	Jill	39	47:25.0	47:42.0	El Segundo	CA	USA	22-Apr-17
5	Davies	Laura	39	49:39.7	50:00.7	Westchester	CA	USA	26-Apr-14
6	Olin	Kristin	35	51:32.0	51:31.5	Pasadena	CA	USA	27-Apr-19
7	Tojin	Nereyda	39	52:40.3	52:59.2	Long Beach	CA	USA	26-Apr-14
8	Olvera	Sylvia	39	53:16.0	53:18.0	El Segundo	CA	USA	30-Apr-22
9	Wright	Kelly	35	54:52.0	54:55.0	Manhattan Beach	CA	USA	21-Apr-18
10	Tampubolon	Teresa	37	55:00.8	55:27.4	Playa Del Rey	CA	USA	26-Apr-14

Top 10 Women Age 40-44

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Voboril	Valerie	40	44:54.0	44:57.6	El Segundo	CA	USA	27-Apr-19
2	Samia	Victoria	42	48:39.5	48:39.5	El Segundo	CA	USA	26-Apr-14
3	Folk	Jill	40	50:24.0	50:30.0	El Segundo	CA	USA	21-Apr-18
4	Allen	Karisa	43	51:30.0	51:43.8	El Segundo	CA	USA	27-Apr-19
5	Preuss	Loreen	41	52:20.5	52:21.8	Long Beach	CA	USA	21-Mar-15
6	Hill	Heather	44	53:24.1	53:28.1	Redondo Beach	CA	USA	21-Mar-15
7	Hunt	Shannon	43	53:59.1	54:05.3	Harbor City	CA	USA	26-Apr-14
8	Stella	Lisa	41	56:34.0	56:51.8	Los Angeles	CA	USA	30-Apr-22
9	Dorcey	Fulvia	43	57:10.0	57:18.0	Redondo Beach	CA	USA	22-Apr-17
10	Walby	Jennifer	42	57:42.5	57:42.5	El Segundo	CA	USA	21-Mar-15

Top 10 Women Age 45-49

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
1	Spiriti	Alison	47	47:32.0	47:53.3	Culver City	CA	USA	27-Apr-19
2	Samia	Victoria	47	50:04.0	50:05.0	El Segundo	CA	USA	27-Apr-19
3	Hext	Annamarie	45	52:28.2	52:28.2	Manhattan Beach	CA	USA	21-Mar-15
4	Giroux	Patricia	48	53:12.0	53:18.1	El Segundo	CA	USA	30-Apr-22
5	Harris	Theresa	46	55:03.5	55:03.5	Los Angeles	CA	USA	21-Mar-15
6	Watson	Kelly	47	55:06.0	56:06.0	El Segundo	CA	USA	22-Apr-17
7	Cameron	Lisa	47	55:32.0	56:08.3	El Segundo	CA	USA	26-Apr-14
8	Wood	Robbin	48	55:42.0	56:23.0	El Segundo	CA	USA	21-Apr-18
9	Wang	Laura	46	57:25.3	57:36.6	San Marino	CA	USA	26-Apr-14
10	Shepherd	Melissa	45	57:50.8	58:38.2	Los Angeles	CA	USA	21-Mar-15

## Female 10K 2014 to Present Course Records

	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 50-54	1	Samia	Victoria	50	46:41.0	46:41.3	El Segundo	CA	USA	30-Apr-22
	2	Hlga	Tami	50	49:36.0	49:44.6	El Segundo	CA	USA	30-Apr-22
	3	Hicks	Kelly	50	51:54.3	52:00.3	El Segundo	CA	USA	26-Apr-14
	4	Doucette	Teri	54	52:42.0	53:31.0	El Segundo	CA	USA	23-Apr-16
	5	Cherico	Susan	52	54:22.0	54:27.0	Hawthorne	CA	USA	23-Apr-16
	6	Stefanoff	Linda	52	54:40.0	54:43.0	Moreno Valley	CA	USA	22-Apr-17
	7	Hershkowitz	Irene	50	55:12.1	55:18.8	Rancho Palos Verdes	CA	USA	26-Apr-14
	8	McMahon	Julie	51	58:50.0	58:53.0	Manhattan Beach	CA	USA	22-Apr-17
	9	Fuchs	Åse	51	59:32.0	59:36.2	Hawthorne	CA	USA	30-Apr-22
	10	Austin	Lyn	50	59:50.3	1:00:11.5	El Segundo	CA	USA	26-Apr-14
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 55-59	1	Kurrle	Kathleen	56	50:33.0	50:34.0	Lake Forest	CA	USA	27-Apr-19
	2	Winner	Denise	56	51:50.0	51:50.0	Manhattan Beach	CA	USA	21-Apr-18
	3	Doucette	Teri	57	52:46.0	53:06.0	El Segundo	CA	USA	27-Apr-19
	4	Reiner	Ellen	57	54:23.0	54:30.0	Valley Village	CA	USA	22-Apr-17
	5	Martinez	Lupe	59	58:41.0	59:01.0	Culver City	CA	USA	23-Apr-16
	6	Drahnak	Marian	57	59:21.5	59:27.3	Hermosa Beach	CA	USA	26-Apr-14
	7	Collings	Betty	59	1:05:01.0	1:05:07.0	El Segundo	CA	USA	21-Apr-18
	8	Drennan	Philippa	59	1:06:11.0	1:06:17.0	Los Angeles	CA	USA	21-Apr-18
	9	Richard	Susan	59	1:08:09.0	1:08:17.0	Virginia Beach	VA	USA	23-Apr-16
	10	Topar	Cindee	58	1:08:27.0	1:08:33.0	El Segundo	CA	USA	23-Apr-16
	Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date	
Top 10 Women Age 60-64	1	Chan	Janet	64	1:05:17.0	1:05:26.0	Gardena	CA	USA	23-Apr-16
	2	Lukic	Deb	60	1:09:14.0	1:09:13.7	Los Angeles	CA	USA	30-Apr-22
	3	Denney	Brenda	60	1:16:05.0	1:16:29.9	Hawthorne	CA	USA	30-Apr-22
	4	Hanrahan	Amy	63	1:16:23.0	1:16:44.0	Manhattan Beach	CA	USA	23-Apr-16
	5	Simpson	Tani	60	1:18:18.0	1:18:33.0	El Segundo	CA	USA	23-Apr-16
	6	Oswald	Lorrie	60	1:19:28.0	1:19:27.1	Los Angeles	CA	USA	27-Apr-19
	7	Papp	Suzanne	62	1:20:45.0	1:20:56.9	Pasadena	CA	USA	30-Apr-22
	8	Evans	Denise	60	1:07:43.0	1:08:20.5	Manhattan Beach	CA	USA	26-Apr-14

## Female 10K 2014 to Present Course Records

		Last Name	First Name	Age	Chip time	Gun time	Home Town	State	Country	Race Date
Top 10 Women Age 65-69	1	Chan	Janet	67	1:04:52.0	1:04:51.8	Gardena	CA	USA	27-Apr-19
	2	Larese	Janet	66	1:09:41.0	1:09:50.6	Westfield	MA	USA	21-Mar-15
	3	Lam	Joella	68	1:32:08.0	1:32:29.5	Gardena	CA	USA	27-Apr-19
	4	Acuna	Monyean	65	1:03:36.9	1:03:43.4	Hermosa Beach	CA	USA	26-Apr-14
		Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date
Top 10 Women Age 70-74	1	Chan	Janet	70	1:08:42.0	1:08:46.1	Gardena	CA	USA	30-Apr-22
	2	Galbraith	Amy	73	1:11:49.0	1:12:02.0	Venice	CA	USA	23-Apr-16
	3	Acosta	Rose Marie	71	1:14:02.0	1:14:09.0	Santa Monica	CA	USA	22-Apr-17
	4	Sparks	Glenna	71	1:22:30.5	1:23:51.8	Redondo Beach	CA	USA	26-Apr-14
	5	Ingersoll	Sarah	72	1:24:47.8	1:25:56.0	Pasadena	CA	USA	26-Apr-14
		Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date
Top 10 Women Age 75-79	1	Galbraith	Amy	75	1:15:32.0	1:16:12.0	Venice	CA	USA	21-Apr-18
		Last Name	First Name	Age	Chip time	Official time	Home Town	State	Country	Race Date
Top 10 Women Age 80+		None								